

Spiritual Content:

There are two purposes for the men's annual adventure weekend. The first is friendship in the name of Christ. Most men spend the bulk of their time at work and tending to family, with little room for friendship with other men. The adventure component of the weekend provides a common interest around which friendship can be formed. C.S. Lewis expresses the need for such common interests when he contrasts romantic love with friendship stating. "We picture lovers face to face but friends side by side; their eyes look ahead" (The Four Loves). Their eyes are looking ahead at the adventure at hand and the friendship develops in the common pursuit. In addition to friendship, we want to grow individually as disciples, learning about God's ways and how to live as a man of God. This year's retreat will focus on "stepping on our idols," a recognition of habits that prioritize things other than God. We will be teaching key components of the book "You Are What You Love" by James K.A. Smith. Participants are welcome to read the book ahead of time, but it is not expected. We will have four teaching slots alongside the common meals (Dinners Fri & Sat and Breakfasts Sat & Sun). We will formally conclude our time with a communion service on Sunday morning. Since the camp is only 90 minutes away from Fleming Island, there will be no need to rush out as in years past.

Adventures:

This year's Men of Grace Adventure Weekend takes place at Juniper Springs Recreation Area in the Ocala National Forest. Activities include, hiking, mountain biking, canoe / kayaking Juniper Run (see reverse for details), shooting sports, fishing, swimming and relaxing.

Logistics:

- Travel drive to Juniper Springs Recreation Area Friday morning (approx. 1.5 hours from Fleming Island) and depart on Sunday.
 - o Juniper Springs Campground (Ocala National Forest) running water, hot showers, flush toilets, NO electrical. Pets allowed, but must be on leash at all times. Pets NOT allowed on park trails.
- Cost \$25.00 per person to cover campground fees and four (4) meals. The provided meals include dinner Friday, breakfast
 Saturday, dinner Saturday and breakfast Sunday. All costs for other meals (lunch Friday, lunch Saturday, lunch Sunday) and
 activities such as canoe / kayak fees are your responsibility (see reverse for canoe / kayak rental fees).

Gear Suggestions:

- Tent
- Sleeping pad / mattress
- Sleeping bag
- · Flashlight / headlamp
- · Lantern
- Extra batteries
- Stove for personal use
- Mess kit cup, utensils, bowl, plate
- · Water bottle
- · Knife or multi-tool
- Toiletries
- · Clothing check night-time temps.

- Medications
- Towel
- · Camp chair
- Hammock
- · Rain gear
- Insect repellent
- Sunscreen
- First aid kit
- Compass / GPS
- Maps
- Food for Friday & Saturday (lunch)
- Snacks "easy-to-pack" food such as granola bars, energy bars, trail mix, etc.

Itinerary:

Friday:

- · Arrive at Campground arrive anytime but dinner is scheduled for approximately 6:00 p.m.
- · Bike, hike, relax
- · Dinner discussion & fellowship (Dinner provided)
- Campfire

Saturday:

- · Canoe / Kayak Juniper Run
- · Breakfast discussion & fellowship (Breakfast provided)
- · Lunch on your own if you plan to paddle, bring food that is easily transported in a canoe or kayak
- · Dinner discussion & fellowship (Dinner provided)
- Campfire

Sunday:

- · Breakfast discussion & fellowship (Breakfast provided)
- · Church Service
- · Camp take down / clean up Leave No Trace
- · Depart

Juniper Run – Canoe / Kayak Trip Saturday, November 3, 2018

Named one of the top 25 canoe runs in America, Juniper Run is a narrow, winding waterway set under a dense canopy of old-growth forest and few places solid enough to get out of your canoe. The paddling trail from Juniper Springs Recreation Area to Juniper Wayside Park extends about 7 miles. There are no intermediate access points, the average trip is about 4-5 hours.

At a Glance

Operational Hours:	The canoe launch at Juniper Springs Recreation Area opens at 8 AM. 11:45 a.m. is the latest you can arrive to launch a rented canoe to be picked up by the shuttle at the other end. With your own canoe and self-shuttle, last launch is 4 to 5 hours before sunset. Canoe rentals are available at the concession stand until 11:30 a.m.
Rentals & Guides:	Canoe rentals are available at the concession stand until 11:30 a.m.
Fees	\$42.00 (canoe) or \$47.00 (tandem kayak) + tax (includes shuttle transport) (+\$20 deposit for canoe use) If you bring your own canoe/kayak: \$12 reverse re-haul fee (reservations a must!) Fees are subject to change without notification.
Restrictions:	Inflatable items including tubes, boats, and kayaks are not permitted on Juniper Run. Dogs and other pets are not allowed on the run. Disposable containers; take-out trays, foil, plastic cups, wrappers, etc., are not permitted on Juniper run.

Suggested Items to Bring on the Juniper Run:

- Sunscreen
- Water (see restrictions above regarding packaging & containers)
- Food (see restrictions above regarding packaging & containers)
- Small cooler (hard or soft, no Styrofoam)
- Cash
- Hat
- Water shoes
- Towel
- First Aid
- Dry bag for valuables
- Extra change of clothes
- If bringing your own canoe or kayak, don't forget a life jacket and whistle (required by law)

Registration

Go to www.graceanglican.church/mens-retreat to register for the Men's Retreat.